



USA CRICKET WAIVER AND RELEASE OF LIABILITY

This waiver may not be modified. Signed waivers are required to participate in USA Cricket events. In consideration of being allowed to participate in any way in USA Cricket programs, related events & activities, the undersigned acknowledges, appreciates & willingly agrees that:

1. I will comply with the stated & customary terms & conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation & bring such to the attention of the nearest official immediately.
2. I acknowledge & fully understand that each participant will be engaging in activities that involve risk of serious injury including traumatic brain injury, permanent disability & death, & severe social & economic losses which may result not only from their own actions, inactions or negligence but the action, inaction or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, I accept personal responsibility for the damages following such injury including traumatic brain injury, permanent disability or death.
3. I hereby authorize & give my full consent to USA Cricket, in perpetuity, to copyright &/or publish any & all photographs, video &/or broadcasts in which I appear while attending any USA Cricket event. I further agree that USA Cricket may transfer, use or cause to be used, photographs, video, or broadcasts for any exhibitions, public displays, publications, commercials, online streaming, art & advertising purposes, & television programs without limitations or reservations, in perpetuity.
4. I knowingly & freely assume all such risk, both known & unknown, even those arising from the negligent acts or omissions of others & assume full responsibility for my participation.
5. I, for myself & on behalf of my heirs, assigns, personal representatives & next of kin, hereby release, & agree to hold harmless USA Cricket, its officers, officials, affiliated leagues/clubs, their respective administrators, directors, agents, coaches, & other employees of the organization, other participants, sponsoring agencies, advertisers, & if applicable owners & lessors of premises used to conduct the event, all of which are hereinafter referred to as "releasees", with respect to all & any injury, disability, death or loss or damage to person or property, whether arising from the negligence of the releasees or otherwise, to the fullest extent permitted by law. I will indemnify, save & hold harmless above named releasees of, from & against any loss, cost, expense, damage or liability that such releasees may incur as a result of, arising from or in connection with such claim, including without limitation any attorney's fees, or other costs or expenses or litigation.
6. I agree that, as a USA Cricket member, player, organizer or representative of the organization, I will not compete at USA Cricket official, sponsored, sanctioned or affiliated events, or carry out responsibilities related to official organization & event business, while under the influence of alcohol or illegal/banned drugs. Additionally, I will not engage in any unlawful acts at such events, including but not limited to the unlawful or unauthorized use, possession, distribution or consumption of alcoholic beverages or illegal/banned drugs at said events or while representing USA Cricket in an official capacity.
7. I will comply with *and be bound by* the stated and customary terms and conditions for participation, including the USA Cricket Code of Conduct Policy found on USA Cricket's website at www.usacricket.org. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately.

I have read this release of liability and assumption of risk agreement, fully understand its terms, and understand that I have given up substantial rights by signing it and sign it freely and voluntarily without any inducement. Additionally, I acknowledge receipt of the concussion information below and that can also be found at www.cdc.gov/headsup/pdfs/youthsports/parent_athlete_info_sheet-a.pdf.

Participant is **18 or Older**. Date: _____ **Participant's Signature** (under 18 do not need to sign): _____

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to indemnify and hold harmless the releasees from any and all liabilities incident to my minor child's involvement or participation in these programs above, even if arising from their negligence, to the fullest extent permitted by law.

Participant is **Under 18 Years**.

Date: _____ **Parent/Guardian Signature** (required if participant is under 18): _____
Parent/Guardian Name: _____ **Parent/Guardian Email:** _____

Your membership or participation in this or any USAC event or USAC sanctioned event or league is always subject to the rules, policies, procedures and governing documents of USAC and may trigger important consequences.



PARENT/ATHLETE CONCUSSION INFORMATION SHEET

A concussion is a type of traumatic brain injury that changes the way the brain normally works. It is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump can be serious. **Signs and symptoms of concussion** can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If an athlete reports one or more symptoms of concussion listed below after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it’s OK to return to play. **Concussion Danger Signs:** In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt s/he exhibits any of the following danger signs:

●One pupil larger than the other	●Cannot recognize people or places	●A headache that not only does not diminish, but gets worse	●Slurred Speech
●Is drowsy or cannot be awakened	●Loses consciousness (even if brief)	●Weakness, numbness, or decreased coordination	●Has unusual behavior
●Repeated vomiting or nausea	●Convulsions or seizures	●Becomes increasingly confused, restless, or agitated	

Why should an athlete report their symptoms? If an athlete has a concussion, his/her brain needs time to heal. While an athlete’s brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

What should you do if you think your athlete has a concussion? If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it’s OK to return to play.

Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, or playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional. It’s better to miss one game than the whole season. For more information on concussions, visit <http://cdc.gov/headsup/> as well as the “Concussion Information Sheet” for parents and athletes at https://www.cdc.gov/headsup/pdfs/youthsports/parent_athlete_info_sheet-a.pdf

Signs Observed by Coaching Staff	Symptoms Reported by Athletes	Did you know?
<ul style="list-style-type: none"> • Appears dazed or stunned • Is confused about assignment or position 	<ul style="list-style-type: none"> • Headache or “pressure” in head • Nausea or vomiting 	<ul style="list-style-type: none"> • Most concussions occur without loss of consciousness
<ul style="list-style-type: none"> • Forgets an instruction • Is unsure of game, score, or opponent 	<ul style="list-style-type: none"> • Balance problems or dizziness • Double or blurry vision 	<ul style="list-style-type: none"> • Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion
<ul style="list-style-type: none"> • Moves clumsily or answers questions slowly • Loses consciousness (even briefly) 	<ul style="list-style-type: none"> • Sensitivity to light or noise • Feeling sluggish, hazy, foggy, or groggy 	
<ul style="list-style-type: none"> • Can’t recall events prior to or after a hit or fall • Shows mood, behavior, or personality changes 	<ul style="list-style-type: none"> • Concentration or memory problems or confusion • Just not “feeling right” or “feeling down” 	<ul style="list-style-type: none"> • Young children and teens are more likely to get a concussion and take longer to recover than adults

Remember...Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

